Little Cherubs

Winter Menu Week 1

If a child doesn't eat the lunch provided, they will be offered an alternative of a full piece of toast and a full piece of fruit.

DF=Dairy Free

	Breakfast	Lunch	Vegetarian Lunch	Snack	Vegetarian Snack
Monday	Weetabix & Melon with Oat Milk (DF)	Chicken, Leek & Vegetable Pie With Gravy (DF) Chicken, Short crust Pastry, Gravy, Peas, Carrot, Swede, Leeks	Quorn Chicken, Leek & Vegetable Pie With Gravy (DF) Quorn Chicken, Short crust Pastry, Gravy, Peas, Carrot, Swede, Leeks	Crackers, Hummus & Cream Cheese DF Option-DF Cheese	
		Ginger Sponge (DF) Flour, Eggs, Sugar, Stem Ginger, Spiced Ginger, DF Butter			
Tuesday	Homemade Granola Bars (DF) Rolled Oats, Dried Fruit, DF Butter, Raisins, Apricots, Cranberries, Honey/Maple Syrup	Pork & Sweet Potato Chilli Con Carne with Brown Rice & Tortilla Chips (DF) Pork, Onions, Sweet potato, Taco, Spiced mixed beans, chilli sauce, Tomato passata, Tomato Purée, Garlic, Peppers, Brown Rice, Tortilla, Cumin	Quorn & Sweet Potato Chilli Con Carne with Brown Rice & Tortilla Chips (DF) Quorn Mince, Onions, Sweet potato, Taco, Spiced mixed beans, chilli sauce, Tomato passata, Tomato Purée, Garlic, Peppers, Brown Rice, Tortilla, Cumin	Chicken, Sweetcorn & Mayo Subs (DF) Chicken, Sub Rolls, Sweetcorn, Mayo	Cheese & Onion Subs DF Option-DF Cheese) Cheese, Sub Rolls, Onion
		Jelly (DF)	Vegi Jelly (DF)		
Wednesday	Cornflakes & Raspberries with Oat Milk (DF)	Fish Pie with a savory Gaufre & Cheese Crust (DF Option-made with DF Cheese) White Fish, Potato, Cheese, Garlic, Onions, Leeks, Peas, Oat Milk	Spinach & Cheddar Cheese Slice with Mixed with Mixed Vegetables Puff Pastry, Spinach, Milk, Leek, Cream, Potatoes, Cheese, Veg	Yoghurts & Raisins DF Option-DF Yoghurt	
		Beetroot Brownie (DF) Beetroot, Flour, Cocoa, Vanilla, Eggs, DF Butter, Dark Choc			
Thursday	Waffles & Banana DF Option-Crumpets & Banana	Classic Cottage Pie (DF) Beef Mince, Potatoes, Carrots, Swede, Peas, Gravy, DF Butter	Quorn Cottage Pie (DF) Quorn Mince, Potatoes, Carrots, Swede, Peas, Gravy, DF Butter	Oaty Biscuits, Oat Milk & Oranges (May contain Milk)	
		Apple & Blackberry Crumble (DF) Apples, Blackberry, Flour, DF Butter, Sugar			
Friday	Oaty Banana & Blueberry Loaf (DF) Oat, Banana, Blueberries, Flour, DF Butter, Oil, Sugar	Vegetable Soup of the Day (DF) Vegetables may vary each week, Bread Roll		Cheese Bagels with Grapes DF Option-DF Cheese	
		Frozen Yoghurt Pops & Berries DF Option-DF Yoghurt			

Allergens

- Mustard
- Celery
- Fish
- Sulphites
- Egg
- Dairy/Milk
- Sesame
- Soya
- May contain Nuts/Peanuts
- Gluten/Wheat/Oats/Barley/Rye
- Lupin

Little Cherubs

Winter Menu Week 2

If a child doesn't eat the lunch provided, they will be offered an alternative of a full piece of toast and a full piece of fruit.

DF=Dairy Free

	Breakfast	Lunch	Vegetarian Lunch	Snack	Vegetarian Snack
Monday	Wholegrain Hoops, Oat Milk & Grapes (DF)	Red Thai Fish Curry with Brown Rice & Thai Crackers (DF) Red Thai Paste, Chilli, Onions, Garlic, Coriander, Ginger Purée, White Fish, Coconut Milk, Oat Milk, Sweet Chilli Sauce, Chopped Tomatoes	Vegetable Curry (DF) Red Thai Paste, Chilli, Onions, Garlic, Coriander, Ginger Purée, Coconut Milk, Oat Milk, Sweet Chilli Sauce, Chopped Tomatoes	Cranberry & Orange Scones (DF) Orange Essence, Dried Cranberries, Flour, DF Butter, Eggs, Sugar, Oat Milk	
		Chocolate cornflake cakes (DF) Cornflakes, DF Butter, Golden Syrup, Dark Choc			
Tuesday	Yoghurt, Berries & Homemade Granola Topping DF Option-DF Yoghurt Cereal, Oats	Turkey Hotpot (DF) Turkey Mince, Onions, Garlic, Gravy, Carrots, Peas, Potatoes, Swede	Quorn Turkey Hotpot (DF) Quorn Mince, Onions, Garlic, Gravy, Carrots, Peas, Potatoes, Swede	Baked Crisps & Veg Sticks (DF) Sun bite Crisps, Cucumber, Carrot and Pepper sticks	
		Jam & Coconut Sponge (DF) DF Butter, Sugar, Eggs, Flour, Jam, Coconut			
Wednesday	Malted Wheats, Oat Milk & Strawberries (DF)	Creamy Pea & Ham Pasta & Garlic Bread Oat Milk, Peas, Ham, Farfalle Pasta, Garlic Cloves, Garlic Bread, Cheese DF Option-Made with DF Cheese	Vegetable Pasta & Garlic Bread Oat Milk, Peas, Spinach, Peppers Farfalle Pasta, Garlic Cloves, Garlic Bread, Cheese	Fruity Flapjack (DF) Oats, Flour, Mixed Cereals, DF Butter, Golden Syrup, Mixed Fruit	
		Banana & Custard DF Option-DF Custard			
Thursday	Croissant & Raspberries DF Option-DF Croissant	Roast Dinner-Meat, Selection of Veg, Gravy, Yorkshire Pudding DF Option-DF Yorkshire Pudding	Roast Dinner-Vegi Sausage, Selection of Veg, Vegi Gravy, Yorkshire Pudding	Hummus, Carrot & Spinach Wraps (DF)	
		Lavendar Infused Lemon Cake (DF) Butter, Sugar, Eggs, Flour, Lemon, Oat Milk, Lavender, DF Butter			
Friday	Brioche Toast & Melon Cubes DF Option-Toast and Melon	Roasted Vegetable & Rosemary Tart with a Pasta Salad Vegetable Tart, Puff Pastry, Tomato Purée, Chopped Tomatoes, Roasted Root Veg, Cheese, Orzo pasta, Mixed Peppers, Onions, Cucumber DF Option-Made with DF Cheese		Fruit Loaf & Melon (DF)	
		Fruit Kebabs (DF) Melon, Grapes, Pineapple			

Allergens

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- Celery
- Fish
- Sulphites
- Egg
- Dairy/Milk
- Sesame
- Soya
- May contain Nuts/Peanuts
- Gluten/Wheat/Oats/Barley/Ry
- Lupin